## WINSTED MEMORIAL HOSPITAL

115 SPENCER STREET

WINSTED, CT. 06098

October 4, 1990

WMH Advisory Committee

Winsted Memorial Hospital has recruited the following physicians into the community: as of January 1990.

Michael Gunter, M.D. Internist, Primary care.

Dr. Gunter had been a physician in the Hospitals' Emergency Room.

Department and with assistance from the Hospital was able to take over the practice of retiring physician, Dr. Erly P. Gallo in July 1990.

Gregory Kresel, M.D. Internist, Emergency Room.

Dr. Kresel was hired by the Hospital to replace Dr. Gunter in the Emergency Room Department, to start full-time in November 1990.

Dr. Kresel is a 1989 graduate and board eligible in Internal Medicine.

Brian McCarthy, M.D. Orthopedic Surgeon.

Dr. McCarthy had recently completed a fellowship at Harvard in spine surgery. He has joined the practice of Dr. George Rubin and Dr. Steven McCoy in August 1990.

Barbara Sabinsky-Kalman, M.D. Radiologist.

Dr. Sabinsky-Kalman has joined the rotation of Winsted Hospitals'

Department of Diagnostic Imaging Department as part of Connecticut

Valley Radiology Group. Dr. Sabinsky-Kalman is a 1990 graduate of

the University of Connecticut, Diagnostic Radiology program.

Steven Urbanski, M.D. Radiologist.
Dr. Urbanski has joined the rotation of Winsted Hospitals'
Department of Diagnostic Imaging Department as part of Connecticut
Valley Radiology Group. Dr. Urbanski has recently completed a
Fellowhip in CAT, Ultrasound and Magnetic Resonance Imaging at the
University of Virgina in Charlottesville.

Physician recruitment

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Tracey Wiles, D.O. Internist, Emergency Room.

Dr. Wiles was recruited by the Hospital to replace the retiring Dr.

Ayers, in the Emergency Room Department and comes to us after being Chief Resident at Norwalk Hospital.

The following physicians have been recruited to participate in the Hospitals' Multispeciality Center:

Alan Bier, M.D. Pulmonologist
John Brittis, M.D. Rheumatologist
Leslie Goldman, M.D. Gastroenterologist
Paul Gibilisco, M.D. Rheumatoloist
Robert Lindenberg, M.D. Gastroenterologist
Yolanda Pena, M.D. Neurologist
Donald Ruffett, M.D. Cardiologist
Henry Spencer, M.D. Dermatologist.

If there is any further information you need on the Hospitals' physician recruitment activities, please do not hesitate to contact me.

Sincerely,

Wonne S. Nakashian, RRA Medical Staff Coordinator

(203) 379-3351 x264

## THE HISTORY OF WINSTED MEMORIAL HOSPITAL

Adelyn Howard was born in 1861 in Brooklyn, NY. In her mid-teens she was stricken with tuberculosis. She believed in the need of a Hospital in Winsted and hung on her bed post a small bag where friends placed contributions in it over the years. At her death, the sum donated amounted to a total of \$240.00. This small contribution along with her crutches and wheelchair, were left in hopes that a hospital would be built. A friend of hers, Anna Hamilton, wrote a poem and from the poem came the idea of a shadow box which was placed on the wall of the Hospital near the entrance for the purpose of contributions.

Adelyn died in July, 1898. The anniversay of Adelyn's death is observed each year by the Women's Auxiliary of WMH by placing flowers under the current shadow box area where there now hangs a plaque in her honor. Flowers are also placed on the alter of St. James church in Winsted in her memory on that day.

November, 1899, the Litchfield County Hospital and the Winchester Hospital Association Corporation adopted the joint name of the Litchfield County Hospital of Winchester.

In 1901, the Hospital was incorporated as the Litchfield County Hospital of Winchester, the Women's Auxiliary was organized.

1902, the original building opened with 35 adult beds and a few bassinets. In October, 1912, a new Nurses Home was completed and occupied at a total cost of \$19,000.

This institution was first known as the "Hospital on the Cobble".

1922, the largest single gift that had been received by the Hospital thus far came from the estate of Alfred Woodruff in the amount of \$93,689.06. The Hospital then planned to put on an addition and redecorate the nurses home with the donation.

On May 8, 1924, the Auxiliary placed the Shadow Box Fund Contribution Box on the wall of the Hospital entrance in memory of Adelyn Howard. At that time, the cost per patient, per week was \$33.43. Also at that time, there was an annual census of 1,120.

On September 21, 1924, the 1,000th baby was born here.

In the early 1940's the Gilbert School students were very active in making surgical dresses for the Hospital.

During the early years the Auxiliary was <u>very</u> active in making contributions in furnishings, rugs, silverware, the nurses home, equipment, instruments, etc. and were very creative and tireless in their fund raising efforts.

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1944 - 1945: Patients were served from 65 different towns and cities.

March 15, 1954, the Board of Director's voted to go ahead with a financial drive for a new Hospital. The goal was \$600,000; the amount received was \$735,823.48. A. F. Peaslee donated \$1,105,00 for the additional construction.

The ground breaking took place August 16, 1955, 10:30 AM. August 19, 1955, the "great Winsted flood" took place.

1957: Obstetrical unit was build. Consisted of 2 labor rooms, 2 delivery rooms, 14 post partum beds and 16 bassinets.

The records from 1959 to 1964 were lost and cannot be a part of the recorded history of the Hospital.

1967: The Litchfield County Hospital of Winchester announced that by the special act of the Legislature of the St of CT, the charter has been amended to change the name of the Hospital to Winsted Memorial Hospital. Ivan M. Dockham was President. February 20, 1967, the Torrington Register reported that Rep. John Groppo filed the bill in the State Legislature to provide for changing the name of the Hospital. The name change was quite controversial and was effective on June 6, 1967.

October 1, 1968, joint laundry operations began with Charlotte Hungerford Hospital.

1968: Establishment of the cardiopulmonary service under the direction of the Chief of the Department of Anesthesiology.

1968-1969: Natural childbirth classes were given by the OBGYN at WMH. Fathers are now allowed in the delivery room.

August 2, 1971: A 5 bed coronary intensive care unit opened.

August 19, 1971, the Board of Director's voted to authorize the Executive Committee to proceed with the expansion of the E.R., Radiology and out patient services.

Also in 1971, the Auxiliary purchased \$10,000 worth of equipment: An orthopedic air drill, 4 electric beds with bedside cabinets and an arteriosonde auto blood pressure monitor.

December, 1973, the Register Citizen reported an expansion program at WMH would cost \$2.5 million and has been planned by the Hospital's Board of Directors. The plan includes repairing the old Hospital building, air conditioning patient's rooms and the kitchen, enlarging x-ray, etc.